

Soursop Healthy Aging Drink



Enjoy this refreshing thirst quencher made with U.S. whey protein isolate that is sure to invigorate your senses.

Nutrition Content Per 100g (based on dry-mix):

Calories 340kcal; Total Fat 0.5g; Saturated Fat 0g; Trans Fat 0g; Cholesterol 10mg; Total Carbohydrates 7g; Dietary Fiber 0g; Sugars 4g; Protein 75g; Calcium 2482mg; Magnesium 235mg; Phosphorus 2139mg; Potassium 486mg; Sodium 290mg; Iron 1mg; Vitamin A 0IU; Vitamin C 0mg

Benefit of Using U.S. Dairy:

- Whey Protein Isolate boosts protein content and is easily digested and absorbed by the body.

Ingredients:

U.S. Whey Protein Isolate (Instantized)	11.5g
U.S. Whey Protein Isolate (Pre acidified)	11.5g
Soursop Flavor	0.8g
Vitamin K2 (96% pure)	0.0625g
Vitamin D3 (100,000 IU /g)	0.002g
Milk Minerals	2.25g
Xanthan	0.1g
Cellulose	0.1g
Sucralose	0.045g
Total	26.36g

Preparation:

1. Blend all the dry ingredients together till well-incorporated.
2. Pour all the blended ingredients into a sports shaker bottle.
3. Add in 250 - 350 ml of water.
4. Shake well and serve.

Developed by U.S. Dairy Export Council Southeast Asia.

For additional information and recipes using U.S. dairy ingredients, visit: www.ThinkUSAdairy.org/SEAsia



**U.S. Dairy
Export Council.**

Ingredients | Products | Global Markets

©2018 U.S. Dairy Export Council.